



PAKISTAN  
LEGAL  
UNITED  
SOCIETY

انصاف سب کا حق ہے

# ANNUAL REPORT

**PAKISTAN LEGAL UNITED SOCIETY-PLUS  
2024-2025**

**MESSAGE OF CEO-PAKISTAN LEGAL UNITED SOCIETY-PLUS**

**FOREWORD-EXECUTIVE DIRECTOR PLUS**

**HIGHLIGHTS OF THE YEAR**

**GOALS**

**ABOUT US**

**PLUS -OUTREACHES**

**REFERRAL PARTNERS**

**OUR THEMATIC AREAS, PROGRESS AND CONTRIBUTIONS**

**I. PRO BONO LEGAL AID, ASSISTANCE AND REPRESENTATION**

- legal advices
- legal case management system
- Inclusion of Persons with disabilities (PWDs)
- Success stories: Financial Assistance through Legal Aid to PWDs
- Rebuilding Nazeer's Life after losing Both Hands
- Legal Voice Against Gender-Based Violence (GBV)
- Case Study: Hope after loss
- Women Empowerment and Inclusion
- Case study: Empowering in Action
- Protection of Children's Rights

**2. VOCATIONAL TRAININGS AND REHABILITATION**

- Certification, Employment and self Employment
- Financial Empowerment of Inmates Thorough Art Exhibition
- Success Story: Hiba 's Journey
- Mental Health
- Music therapy
- Sports: Indoor and Outdoor games
- Empowering Education in Salehpat Sukkur
- Rehabilitation & Welfare of Prisoners

**3. WELFARE DRIVE**

**4. Awareness and Clinical Educational**

- Capacity Building Trainings
- National and international Days Celebration
- Media Litigation Surgery
- Legal Awareness Camps
- Workshop

**5. Research**

- Prioty Domain : Inclusive POLicy
- Bidging The Gaps: An Analysis of the Rights of Persons with Disabilities and Policy Implementation

**6. Visibility and Networking Meetings**

**7. Audit and Accountability**

# Message of CEO

## Pakistan legal United Society-PLUS



The Pakistan Legal United Society (PLUS), remains steadfast in its mission to deliver justice, hope and empowerment to marginalized communities. Since its establishment in 2020, PLUS has worked to address legal, social, and economic injustices across Sindh. In the fiscal year 2024-25, the organization expanded its impact through strengthened legal aid services, technical education, skill development, and rehabilitation initiatives. Over a five-year period, the Pakistan Legal United Society (PLUS) handled a total of 2893 cases, of which 583 remain pending, while 2,310 have been successfully disposed of. In the fiscal year 2024-2025, PLUS managed 596 legal matters, of which 300 cases were disposed of, with 296 still pending. In addition to litigation, PLUS has undertaken measures aimed at addressing systemic inequalities by establishing skill development and rehabilitation centers within correctional facilities. Furthering its mission of inclusion, PLUS introduced education and employment portals aimed at protecting the rights of persons with disabilities (PWDs). Our accomplishments are attributed to our dedicated legal and paralegal teams, partners, and the Government of Sindh, whose collaboration is vital for amplifying the voices of marginalized populations. Looking ahead, PLUS remains committed to expanding its legal aid and empowerment services, fostering a just and equitable society. We extend our deepest gratitude to our team, partners, and stakeholders, whose invaluable contributions have been fundamental in driving our mission forward. Together, we will continue to champion the rights of marginalized communities and uphold the values of justice and humanity.

[www.pluslegalaid.org.pk](http://www.pluslegalaid.org.pk)

Page No :01

# FOREWORD



**Ms. Rizwana Patel**  
**Executive Director- PLUS**

I am honored to present the Annual Report 2024–2025 of Pakistan Legal United Society (PLUS). Despite global crises, socio-political challenges, and increasingly complex operating environments, PLUS remained steadfast in its mission to promote justice, rehabilitation, and inclusion.

During the reporting period, PLUS established rehabilitation centers in Women and Juvenile Jail Karachi, Central Jail Sukkur, District Jail Malir Karachi, Hyderabad Central Jail, and Hyderabad Women Jail. Through these initiatives, approximately 460 inmates received technical and vocational skills training within correctional facilities, with 128 former inmates successfully securing employment following their release.

In addition, PLUS conducted capacity-building trainings for more than a thousand of participants, engaging diverse stakeholders to strengthen institutional and community responses to human rights and justice issues. Our advocacy efforts continued through human rights workshops, public forums, and educational initiatives, while collaboration with international partners further reinforced our commitment to the rule of law and fundamental freedoms.

As we move forward, PLUS remains committed to expanding its reach and impact in pursuit of a more just, inclusive, and rights-respecting society. Our achievements are a testament to the dedication of our team, partners, and supporters, whose continued collaboration makes this work possible.

# HIGHLIGHTS OF 2024-2025

In the fiscal year 2024-2025, PLUS has achieved notable advancements across its core thematic areas, particularly in skill development, rehabilitation, and the justice sector. The organization has established technical education, skills development, and rehabilitation centers within Women and Juvenile Jail Karachi, Central Jail Sukkur, and District Jail Malir Karachi, Hyderabad Central Jail, & Hyderabad Women Jail. Furthermore, PLUS has enhanced access to pro bono legal aid, assistance, and representation for marginalized, vulnerable, and indigent individuals, managing a total of 596 legal cases, of which 300 have been resolved and 296 are pending. Currently, 230 registered inmates and more than 250 unregistered inmates including women and juveniles are engaged in rehabilitation programs within correctional facilities. Additionally, in partnership with the Muslim Charity, PLUS is in the process of establishing a primary school in Saleh Pat, Sukkur, Sindh. PLUS is also providing livelihood support to enhance economic independence and self-reliance, benefiting more than 50 individuals through targeted assistance and support initiatives. also support more tahn 150 people throguh Rashsan Bags Supports and Eid Gifts to Jail Inamtes , PLUS completed two researches on “Priority Domain: Inclusive Policing Understanding the Empowerment of Persons with Disabilities” and “Bridging the gaps: An analysis of rights of persons with disabilities & policy implementation in Sindh.”



# GOALS

To create a just and equitable society where everyone, regardless of their socio-economic status, has access to legal information and representation. We strive to Combat recidivism and empower vulnerable communities through our pro-bono services, which are tailored to meet their unique legal needs. Our services include legal advice and representation, Vocational Training and awareness-raising, counseling, facilitation, and referrals. We aim to navigate authorities, mediate disputes, and negotiate on behalf of our clients to ensure that justice is served. At PLUS, we are committed to promoting legal empowerment and access to justice for all.

# ABOUT US

The Pakistan Legal United Society (PLUS), established in 2020 during the COVID-19 pandemic, PLUS is an organization dedicated to promote justice, equity, and empowerment for marginalized and vulnerable communities across Sindh. PLUS operates within a structured operational framework, encompassing distinct thematic areas: Legal Aid, Awareness and Clinical Education, Research, Welfare Drive, and Skill Development & Rehabilitation. These programs are directed towards the enhancement and welfare of underserved, impoverished, and at-risk populations. PLUS collaborates extensively with governmental bodies and donor organizations to promote a society rooted in inclusivity and equity. Through evidence-based interventions, PLUS enables individuals to realize and exercise their legal rights, thereby fostering improved socio-economic outcomes and contributing to sustained societal development

[www.pluslegalaid.org.pk](http://www.pluslegalaid.org.pk)

Page No :04

# OUTREACH OF PAKISTAN LEGAL UNITED SOCIETY-PLUS



1

## **Karachi Head Office**

Plot No: 213, St:4, New Bakhtawar Goth,  
Block-09, Gulistan e Johar, Karachi,  
Pakistan.  
021- 34011698

2

## **Hyderabad Regional Office**

HouseB/7 GroundFloor Streetno  
1,Sunny Banglows, Qasimabad,  
Hyderabad  
022 - 6112571

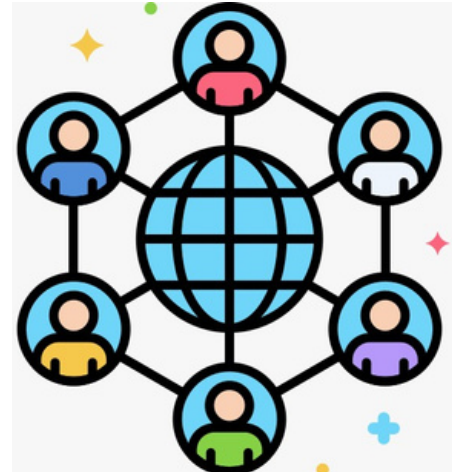
3

## **Sukkur Regional Office**

Women Development Complex near  
SRSO Complex,Main Shikarpur  
Road, National Highway Sukkur  
071 5824119

# OUR REFFERRAL PARTNERS

PLUS provides essential pro bono legal aid and representation to marginalized communities across Sindh, referred by key referral partners and government departments such as the Women Development Department (WDD), Human Rights Department (HRD), Department of Empowerment of Persons with Disabilities (DEPD), Child Protection Unit (CPU) and the National Commission on the Rights of Children (NCRC). Referrals also come from prison authorities, Civil Societies Organizations and



walk-in clients, recognizing PLUS's proven commitment to delivering effective legal services that protect the rights of women, children, persons with disabilities, and other vulnerable groups.

## Our Thematic Areas, Progress and Contributions



PLUS works in full alignment with its core mission, focusing on key sector that protect, promote and advance the fundamental rights of marginalized, vulnerable and underprivileged communities across Sindh. In pursuit of meaningful progress and development within

these sectors, PLUS has achieved notable advancements under its core thematic areas, including Legal Aid and Representation, Awareness and Clinical Education, Skill Development and Rehabilitation, Welfare Initiatives, and Research. Detailed achievements in the light of these thematic areas are outlined below:

### I. Pro Bono Legal Aid, Assistance and Representation

PLUS provides vital pro bono legal aid, assistance, and representation to marginalized and vulnerable communities throughout Sindh. By offering free legal services, PLUS ensures that individuals who would otherwise lack access to justice receive fair representation in courts, safeguarding their fundamental rights.

The organization's legal teams work tirelessly to resolve cases of human rights violations, particularly for underprivileged groups, including women, children, and persons with disabilities. Through strategic litigation and legal advocacy, PLUS is actively contributing to the creation of a more just and equitable society. During the fiscal year 2024-25, PLUS has achieved notable advancements in the provision of pro bono legal services. The details of these advancements are outlined below:



**Listening Beyond the Walls: Mr. Altaf Hussain Khoso, Advocate High Court and CEO of PLUS, visited Landhi Jail, Malir, engaging in compassionate dialogue and extending meaningful support to vulnerable prisoners, with a focus on empathy, dignity, and rehabilitation.**

### a. Litigation Breakdown from 1<sup>st</sup> June 2024-31<sup>st</sup> July 2025

Received Cases	Criminal	Family	Civils	Disposed of	Pending Cases	Disposal Ratio
596	286	250	60	300	296	51%

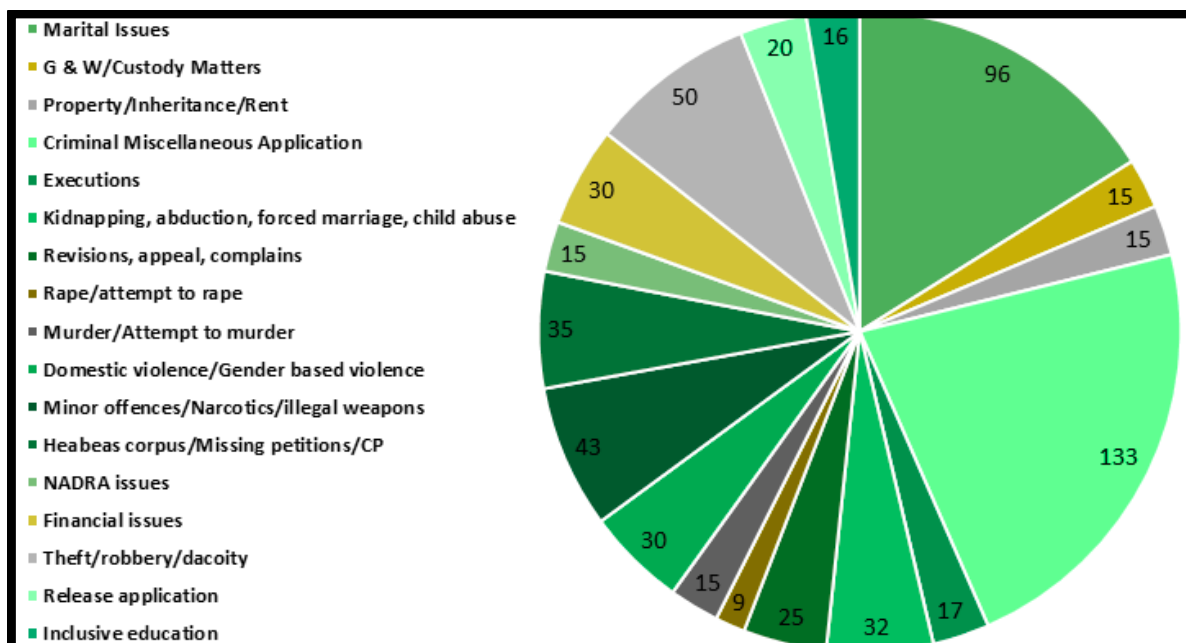
### b. Gender-Wise Breakdown

<b>327</b>	<b>259</b>	<b>10</b>
Male	Female	Transgender

### c. Region Wise Break Down

Region Wise Cases		
1	Karachi	330
2	Hyderabad	146
3	Sukkur	120

### d. Sub -Categories of Cases



## 1.1 Legal advices

Aligned with its mandate to promote equitable access to justice, PLUS has delivered comprehensive legal assistance to marginalized and economically vulnerable individuals. The organization has addressed a wide range of legal issues, offering specialized guidance to empower underrepresented communities through informed decision-making and enhanced understanding of legal processes. In the fiscal year 2024-2025, PLUS delivered 1040 instances of legal advice across various legal categories. Additionally, the legal team conducts weekly visits to detention centers, including jails, Darul-Aman, and SPDPA, Government of Sindh, offering vital legal aid and counsel to those in need.

## 1.2 Legal Case Management System

In fiscal year 2024-2025, PLUS developed a cutting-edge Legal Case Management System to digitize ongoing legal cases, enhancing operational efficiency and data security while promoting eco-friendly practices. By transitioning to a digital platform, PLUS equips its legal teams with advanced resources, improving productivity and ensuring seamless workflows in its mission to deliver justice. Meanwhile, the DEPD Portal is designed as an online platform dedicated to secure data on portal for safeguarding, promoting, and upholding the rights of Persons with Disabilities (PWDs) within the Sindh province.



*Ensuring Inclusion in Practice: Mr Altaf Hussain Khoso, Advocate High Court & Mr Faisal Muneer (CPDI) facilitating differently abled persons at NADRA to ensure access to essentials documentation & Services at District West Karachi*



**Legal protection and Healing Together : Advocate Saif-ur-Rehman extends legal aid while Dr Rukhsana Shahzab Provide Mental Health Support to a GBV Survivor at Karachi Head Office**

## 1.3 Inclusion of Persons with Disabilities (PWDs)

Aligned with its core thematic priorities, PLUS has built a strong and meaningful partnership with Persons with Disabilities (PWDs), recognizing them not only as beneficiaries but as key stakeholders in its work. Through collaboration with Department of Persons with Disabilities (DEPD) and Sindh Persons with Disabilities Protection Authority (SPDPA), PLUS has played a vital role in promoting inclusion by providing legal aid, representation, and socio-economic support to PWDs. The organization has actively implemented and advocated for the enforcement of the Sindh Empowerment of Persons with Disabilities Act, 2018, particularly concerning employment rights, inclusive education, accessibility, mobility, and accessible transportation. Additionally, PLUS has pursued judicial remedies, including constitutional petitions, to safeguard and enforce the fundamental rights of PWDs.

During the fiscal year 2024-25, PLUS has managed to deal with 359 PWDs referrals, which included 152 advisory consultations, 37 legal representations, and 68 cases. These referrals covered a broad spectrum of legal matters, such as issues concerning mobility, accessibility, inclusive education, socio-economic rights, employment disputes, as well as civil, criminal, and family law cases. PLUS has also handled cases related to civil documentation, reinforcing its commitment to addressing legal obstacles faced by PWDs and upholding their fundamental rights through judicial mechanisms.

***Mr Aakash , Advocate High Court from Hyderabad , briefing a beneficiary on employment issues during court proceedings at High Court Circuit Bench at Hyderabad***



## 1.5 Success Stories

### a. Financial Assistance through Legal Aid to PWDs

PLUS facilitated financial support for more than 30 persons with disabilities by coordinating with Bait-ul-Mal, DEPD, and various ombudsman offices. PLUS has built strong trust and credibility, which is why institutions, stakeholders, individuals confidently refer their cases to PLUS for filing representations for PWDs. Each deserving individual receives numerous financial assistance including 30,000/-PKR . wheelchairs, Crutches, Medical aid and so on ,benefited from timely assistance.

These interventions eased financial hardships, restored dignity, and brought hope. It showcasing PLUS's dedication to empowerment, inclusion, and effective advocacy for vulnerable communities.



***Enhancing Mobility and Dignity , PLUS distributes a wheelchair to a person with disability at PLUS office Karachi***

## b. Rebuilding Nazeer's Life after Losing Both Hands



After 2022 floods, Mr. Nazeer Hussain Mugheri of Larkana, who lost both hands in an accident, struggled to access the SPHF housing grant due to biometric verification issues. PLUS, with SHRC, DEPD, and Sindh Rural Support Organization, arranged alternative verification through footprints. His grant was released, enabling him to rebuild his home and live comfortably, grateful for PLUS's timely support.

## 1.6 LEGAL VOICE AGAINST GENDER-BASED VIOLENCE (GBV)

PLUS has played a vital role in addressing gender-based violence (GBV) across Sindh by providing legal aid, advocacy, psycho-social support, and community awareness. Over the past five years, PLUS has offered free legal assistance to more than 1,500 GBV survivors through its legal aid offices in Karachi, Hyderabad, and Sukkur, supporting them in court representation, FIR registration, and protection services. To strengthen prevention, PLUS organized over 350 awareness sessions on GBV laws and women's rights, reaching 10,500 direct beneficiaries and more than 45,000 indirect beneficiaries.

### Case Study: HOPE AFTER LOSS: SHANTI DEVI'S GBV CASE SEES STRONG LEGAL ACTION

The story of Shanti Devi is a heartbreaking yet powerful testament to resilience and the relentless pursuit of justice. On her wedding night, she was brutally assaulted by her husband, Ashok. A confessional statement was recorded before a judge, while Dr. Rauf Shaikh attempted to conceal the crime by issuing a false postpartum report,



despite her injuries being the result of severe sexual violence. Shanti Devi succumbed to her injuries, igniting a determined fight for justice. The case, registered as Case No. 1018/25 and Crime No. 236/25 at Police Station Baghdadi under sections 376(2), 324, 302, 201, and 34 PPC, faced delays due to the complainant Mr. Shayon's financial constraints. PLUS intervened, providing essential legal aid and ensuring accountability. On November 11, 2025, the court dismissed Dr. Rauf's bail application, a significant step toward justice. Shanti Devi's story underscores the vital role of PLUS in supporting marginalized communities and proves that justice can prevail when compassion aligns with determination.

## 1.7 Women Empowerment and Inclusion

In the fiscal year 2024-25, PLUS actively advanced its mission to empower women through legal and educational initiatives, including promoting legal awareness, delivering vocational and technical training and providing pro bono legal support. PLUS addressed 475 cases involving women across a range of legal categories, including gender-based violence, civil matters, criminal cases, and family law disputes. PLUS also implemented skill development programs for women, including those with disabilities, both in correctional facilities and broader community settings, to promote economic empowerment and financial independence.



*Miss.Mariam Javed recieved certificate of Women Empowerment Training From Ms. Anees Haroon Mmember NCHR Sindh Chapter*

Women Cases Sub Categories 2024-2025			
Marital Issues	96	Rape/Attempt to rape	9
G&W/Custody	15	Murder/Attempt to murder	15
Property Issues, Inheritance, Salary issues	15	Domestic Violence/Gender Based Violence	30
Harassment, Criminal Misc. Application Etc.	133	Minor Offence, Narcotics, Illegal weapon, Armed Act	43
Execution/Family Execution	17	Theft, Robbery, Dacoity	50
Kidnapping, Abduction, Force marriage, Child marriage	32	Mics .Application	20

**475 Total**

## Case Studies

### Empowerment In Action: PLUS Supports Three Brave Women In Rebuilding Their Futures

Mahjabeen, 50, struggled to rebuild her life after imprisonment, with no income and low confidence. In jail, PLUS trained and motivated her, and after her release, supported her with financial assistance. She used this help to start a small burger stall, reviving her passion for cooking. Today, she earns steadily, supports her family, and inspires other released women to pursue independence. Similarly, Safia, 37, a mother of five, struggles to survive as one child battles thalassemia, demanding constant care and medical expenses. With no stable income, she dreams of starting a small confectionery cart selling chips, biscuits, and snacks. Seeking support from PLUS to buy the cart and stock, she hopes to earn steadily, manage medical needs, and secure a better future for her children. Moreover, Shazia, 33, a mother of five, fell into financial hardship after her husband's leg surgery left him unable to work. Struggling to meet daily needs, she hoped to start a small popcorn cart near her home. She approached PLUS for support to buy the cart and materials. With this help, Shazia aims to earn steadily and restore stability while her husband recovers.



#### 1.8 Protection of the Children's Rights

PLUS, committed to fair justice, has taken steps in 2024-2025 to protect, and uphold children's rights. In addition, PLUS and the Sindh Minorities Department have signed a historic MoU to strengthen minority rights through free legal aid, advocacy, training, a dedicated help desk, and initiatives to promote interfaith harmony. Meanwhile, working in collaboration with the Social Welfare Department, while ensuring justice for marginalized juvenile inmates through strategic litigation and the provision of pro bono legal aid services. Throughout the fiscal year, PLUS handled a total of 120 cases involving children across various legal categories, further underscoring its dedication to addressing the unique challenges faced by minors within the justice system. In addition to its legal interventions, PLUS has made notable contributions within juvenile detention facilities. By providing technical education, skill development, and rehabilitation programs, PLUS aims to reduce recidivism, facilitate positive behavioral changes, and promote the successful reintegration of juvenile offenders into society. These initiatives aim to empower incarcerated minors with essential skills to secure a better future and positively contribute to their communities after release.

Categories of Children Cases 2024-2025	
Guardianship	21
Constitution petition, Fair trial, Harassment etc	10
Rape, Attempt to rape	4
Murder, Attempt to murder	5
Theft, Robbery, Decoy	80

***Yearly Breakdown of Children's Cases***



***Discussion with Mr. Pirbhu Member of National Commission on the Rights of Child , about GBV issues with Children in Sindh at PLUS head Office Karachi***

## **2. VOCATIONAL TRAININGS AND REHABILITATION**

Pakistan Legal United Society (PLUS) has set up Technical Education and Skill Development Centers in correctional facilities and communities across Sindh. It focuses on reducing recidivism by improving employability, fostering personal growth, building self-worth and facilitating successful community reintegration through foundational skills. In 2024-2025, PLUS enrolled 460 inmates, aiming for at least 50 percent of participating inmates to secure jobs after release



***Prison department and PLUS signed MoU to enable Remission through certified Vocational training and Rehabilitation & Re-integration at Karachi***

Total Number of Inmates in Trainings: 380 Total Number of Employment: 128				
Sr No	Development Centers	Trades	No. of Trainees	Employment
1	Juvenile & Women Jail Karachi	Fine Arts, CIT/Hardware Calligraphy , Graphic Designing , Music Thepay , Pshchotherapy and Sports( indoor and outdoor games)	150	24
2	District Jail Landhi, Karachi	Graphics Designing, Fine Arts, Calligraphy	90	41
3	Central Jail Hyderabad	Graphic Designing, Fine Arts, Calligraphy	90	43
4	Central Jail Sukkur	Fine Arts	30	10
5	Women Jail Hyderabad	Fine Arts	20	10
	Total		380	128



**Mr. Waqar , CIT Teacher taking class at Juvenile Jail , Karachi**



**Mr. Zubair Shah, Country Director Muslim Charity , visited Juvenile Jail , Karachi and distributed Certificate and Trophy to winners of Cricket Match**

## 2.1 Certifications, Employment & Self Employment

PLUS has been actively contributing to the rehabilitation and economic empowerment of inmates by facilitating their certification, employment, and self-employment opportunities. Through skill-based trainings, vocational courses, and linkages with certified institutions, inmates receive formally recognized credentials that enhance their prospects for a stable future. PLUS also connects trained inmates with potential employers and supports them in launching small income-generating activities inside and outside prison.



**Group Photo, NAVTTC certificate distribution ceremony held at landhi jail, Malir celebrating skills achievements and new opportunity for rehabilitation**



**Mr. Rana Mashood Khan, Chairman to Prime minister Youth Program, giving certificate and cash amount of Exhibition to inmates at landhi jail, Malir**

**Mr. Qazi Nazeer Ahmed, IG Prison & Syed Munawar Hussain Shah, DIG distribute NAVTTC Certificates to inmates at Hyderabad Central Jail**



## 2.2 FINANCIAL EMPOWERMENT OF INMATES THROUGH SELF EMPLOYMENT

PLUS implemented NAVTTC's employability policy in prisons by identifying inmates' artistic skills, organizing three art exhibitions in Karachi, Sukkur, and Hyderabad, and creating real income opportunities. These initiatives showcased inmate talent and generated amount were given for supporting rehabilitation, dignity, and economic reintegration. In the picture, PLUS handing over the income earned from the exhibitions to the inmates. 128 individuals got employment through PLUS



**Ms. Shahina Sher Ali, Minister Women Development department, Govt of Sindh visited at Sambara Art Gallery in April 2025**



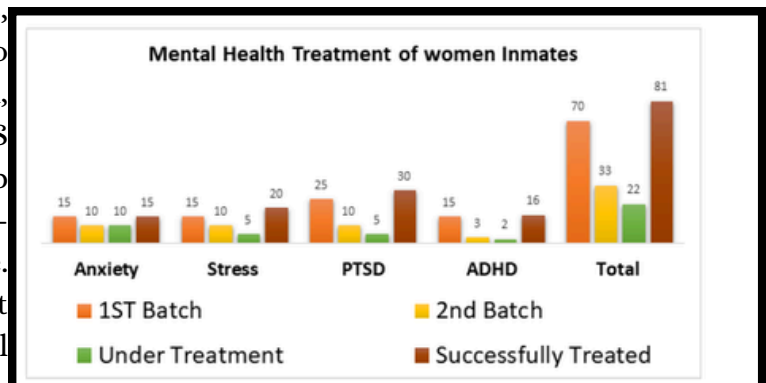
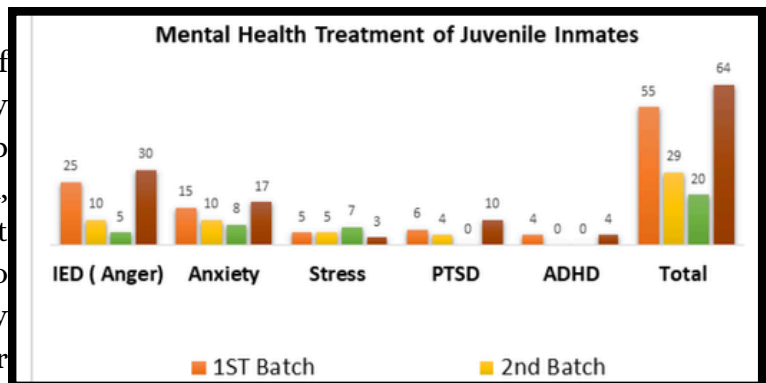
**Mr. Syed Munawar Ali Shah-DIG Prison Hyderabad Visited at Art Exhibition, Organised by PLUS with support of Jail Authority**

## Success Story: Hiba's Journey

At 27, Hiba struggled with severe anxiety while serving time on a murder case. Her journey to hope began with therapy from Dr. Shafaq Mustaqeem at PLUS and participation in graphic designing classes. Gradually, she overcame her mental health challenges and reduced her reliance on medication. Hiba turned her time in jail into growth by teaching illiterate inmates and developing her calligraphy skills. After her release, she secured a job at IBEX, confidently applying her graphic design expertise. Hiba's story is a powerful example of resilience, self-discovery, and the transformative impact of skill development.

### 2.3 MENTAL HEALTH

Mental health is a crucial component of inmate rehabilitation, as many individuals enter prison with deep emotional trauma, anxiety, depression, or other psychological challenges that can intensify in confinement. To address this, PLUS plays a vital role by providing consistent and regular psychotherapy, counseling sessions, offering inmates a safe space to express their feelings, process trauma, and build healthier coping skills. PLUS psychotherapist helps inmates develop emotional stability, improve self-awareness, and regain confidence. These therapeutic interventions not only reduce stress and behavioral issues within prisons but also strengthen inmates' ability to reintegrate into society, fostering long-term resilience and positive change. during one year more than 180 Juvenile and women inmates benefited through Mental Health Component.



Dr .Rukhsana ,conducting a phychotherapist Session at the Juvenile jail , nurturing mental Health well bieng , healing, positive growth

## Music Therapy

Music classes play a powerful role in the rehabilitation of inmates by offering them a healthy outlet for expression, emotional release, and personal growth. Through learning instruments, singing, or engaging in group rhythm activities, inmates build confidence, develop discipline, and experience a sense of achievement. In 2024-2025, a batch of 20 inmates have received music training from a skilled music teacher who is teaching them to play the whistle, piano, guitar, table and other instruments.



*Music Class at Juvenile jail , using  
rhythm &  
Creativity to inspire healing , Expression  
and hope*

## 2.5 Sports ( Indoor and Outdoor Games)



PLUS, conducted a series of indoor and outdoor sports activities with inmates to promote physical fitness, teamwork, and mental well-being. Games such as cricket, volleyball, badminton, and board games were organized, encouraging active participation and healthy competition among inmates. These activities helped reduce stress, improved social interaction, and created a positive and engaging environment within the correctional facilities.

## EMPOWERING EDUCATION IN SALEHPAT SUKKUR

A primary school in Saleh Pat, Sukkur, Sindh has been established and is now operational with 100 students, supported and facilitated by PLUS. As we are committed to safeguard the legal, social, and economic rights of all individuals in Sindh. PLUS established this school under the “Adopt a School” Program. The initiative ensures every child, especially those from vulnerable and low-income families, has access to quality education, promoting a more just, skilled, and prosperous community.



*PLUS Constructed School at Saleh Pat  
Village , Sukkur for 100 Students who  
were taking education under the Tree*



*Renovation of Mosque at Saleh Pat  
Village , Sukkur*

## 2.6 Rehabilitation & Welfare of the Prisoners

PLUS is committed to the rehabilitation and welfare of incarcerated individuals, including convicted prisoners and under-trial prisoners (UTPs), through comprehensive programs that address vocational training, psychological well-being, and legal assistance. The organization delivers technical education, skill development, sports, and mental health support across correctional facilities in Sindh. PLUS also offers pro bono legal aid to underprivileged male, female, and juvenile inmates, successfully handling numerous cases.



Mr. Altaf Hussain Khoso, CEO-PLUS briefing Mr. Rana Mashood , Chairman Youth Program at Prime Minister House Islamabad

## 3. WELFARE DRIVE

PLUS, in line with its mission for a just and prosperous society, continued welfare initiatives in 2024-25, focusing on vulnerable communities in Sindh. Welfare Drive programs were implemented to promote self-sufficiency, alongside regular provision of food and essentials to indigent prisoners. Special attention was given to Persons with Disabilities through financial aid and assistive devices like wheelchairs and crutches. Overall, 466 individuals inside and outside prisons were supported.



***PLUS and MC team distributed Eid Gifts among Women jail inmates***

***Thorough Income Generation Support Program , PLUS supported Mr. Sohail to open Mobile Accessories dhop, to run and Earn for his family***



the fiscal year 2024-25, PLUS provided essential ration bags and gifts to 100 families in need, focusing on relief efforts during Ramadan and addressing flood-related and emergency situations. Staying true to its mission of fostering a just and prosperous society, PLUS continued its welfare initiatives throughout the year, delivering financial assistance to vulnerable, marginalized, and impoverished communities in Sindh. PLUS empower more than 50 people thorough income Genration Support.



***Thorough Income Generation Support Program Rizwana Patel , Executive Director PLUS handed over Rikshaw to Mr. Waheed***

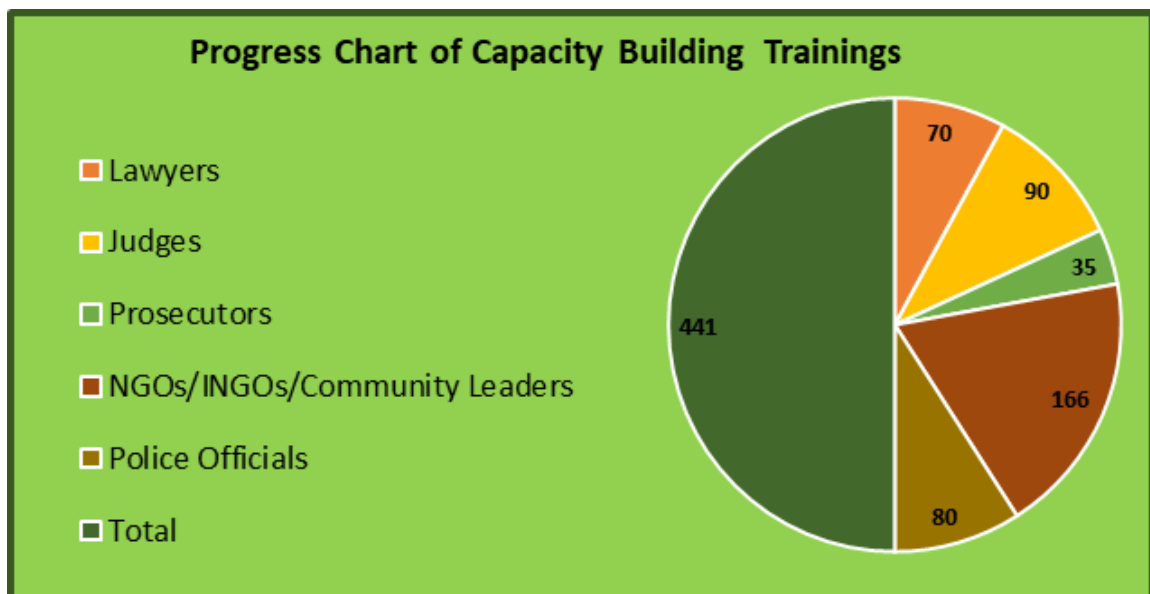
## 4. Awareness and Clinical Education

### 4.1 Capacity Building Trainings

In 2024–25, PLUS advanced legal empowerment through 1-day or 2-day workshops, capacity-building trainings, and roundtable discussions focused on fundamental rights, property rights, child rights, women’s rights, and inclusion of PWDs. These initiatives strengthened the skills and awareness of key stakeholders, including government officials, civil society, police, lawyers, judges, prosecutors, NGOs, INGOs and healthcare professionals. The programs aimed to equip participants with a solid understanding of legal frameworks and the SDGs.



*Capacity Building Trainings with Judges , Lawyers and Police Officials in diffrent Districts of Sindh*



## 4.2 National and International Days Celebration

PLUS remains steadfast in its commitment to advancing the rights of Persons with Disabilities (PWDs) and other marginalized communities through compliance with national laws and active participation in international advocacy. In fiscal year 2024-2025, PLUS observed the International Day of Persons with Disabilities, Breast Cancer Awareness Day, International Women's Day and Orange Day. It aims to promote legal awareness, address systemic injustices, and advocate for structural reforms that support the legal rights of vulnerable populations in the society.



*Inmates of Juvenile jail with PLUS Team , at Karachi ,celebrated Peace Day*



*PLUS Team , with Chief Minister Sindh Mr.Murad Ali Shah , and Secretary DEPD Mr.Tuaha Farooqi at 3<sup>rd</sup> December 2024 , celebrating International Disability Day at Karachi*

## 4.3 Media Litigation Surgery

Ms. Rizwana Patel, Executive Director of PLUS, took part in the Media Litigation Surgery held in Kathmandu, Nepal, in 2024. The event focused on issues surrounding freedom of expression and provided a platform for legal experts, media professionals, and rights advocates to discuss challenges, case strategies, and emerging jurisprudence in this field. As a participant, she contributed to deliberations aimed at strengthening legal protections, building capacity for media litigation, and promoting an enabling environment for free speech and press freedom in the region.



*Ms. Rizwana Patel, Executive Director PLUS attended Media Litigation Surgery at Nepal presenting small gifts of love to Trainers in August , 2024*

## 4.4 Legal Awareness Camps

In fiscal year 2024-2025, PLUS conducted many awareness sessions at Karachi, Hyderabad and Sukkur, offering guidance on PWD rights, gender-based violence, and constitutional rights. Through these outreach efforts, more than 960 individuals have received essential legal awareness and support.



**Mr. Babar, Advocate High Court, during the awareness camp giving legal advices to needy people at Sukkur**

## 4.5 WORKSHOPS

PLUS strengthened legal advocacy and awareness in 2024-25 by empowering marginalized communities through rights-based education and outreach. Meanwhile, PLUS training programs laid the groundwork for Integrating Disability-Inclusive Practices, Constitutional Rights, PEDs Rights, Gender Based violence (GBV), Minority and Transgender Rights. We have provided around legal advice to 10,500 direct beneficiaries and more than 45,000 indirect beneficiaries through outreach programs into Sindh's justice system by strengthening the skills of legal law enforcement professionals and other concerned authorities.

## 5. Research

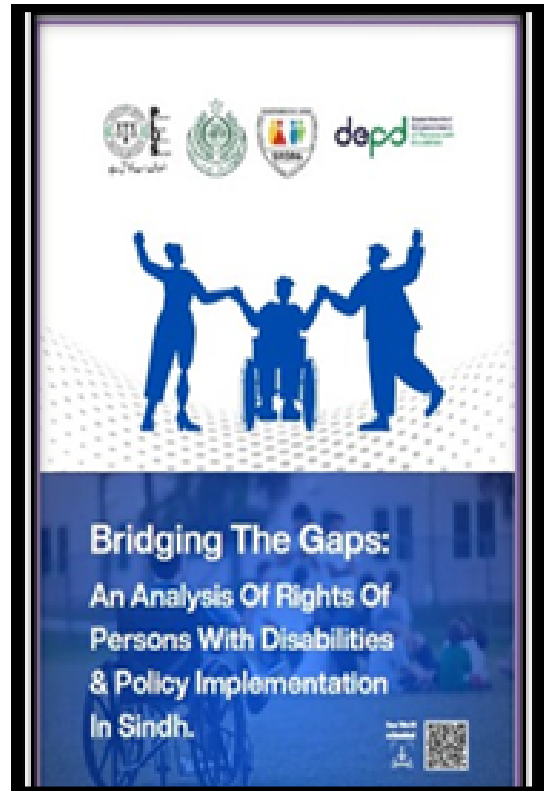
### 5.1 Prioty Domain : Inclusive Policing



In alignment with its commitment to legal awareness and advocacy, PLUS developed and disseminated 10,000 of Information, Education, and Communication (IEC) materials throughout the fiscal year 2023-24. These materials, meticulously crafted to address the rights of persons with disabilities, women, children, and broader human rights issues, were designed to enhance public understanding and accessibility to legal information. By employing a range of formats including brochures, fact sheets, and digital content, PLUS effectively communicated essential legal knowledge and remedies, thereby empowering individuals and communities to exercise their rights and seek justice. The strategic development and distribution of these IEC materials were integral to PLUS's broader objective of fostering a legally informed and proactive citizenry.

## 5.2 Bridging the Gaps : An Analysis of the Rights of Persons with Disabilities and policy Implementation in Sindh

PLUS, prioritizes evidence-based advocacy and program development, grounded in rigorous research addressing systemic legal and social barriers faced by marginalized populations. In the 2024-25 fiscal year, PLUS completed a comprehensive studies on the rights of Persons with Disabilities (PWDs) i.e “Priority Domain: Inclusive Policing Understanding The Empowerment Of Persons With Disabilities” and “Bridging the gaps: An analysis of rights of persons with disabilities & policy implementation in Sindh.” These findings inform policy recommendations, advocacy efforts, and program refinement, with the aim of influencing legal and social reforms. Through engagement with policymakers, governmental bodies, and civil society.



## 5.3 Visibility and Networking Meeting

We conducted more than 50 visibility and networking meetings with a wide range of stakeholders to enhance organizational visibility, strengthen strategic partnerships, and promote meaningful collaboration. In addition, PLUS signed multiple Memorandums of Understanding (MoUs) with various organizations to work jointly toward the welfare of society, strengthening coordinated efforts for sustainable social impact.



**MoU signing Ceremoney with Representatives of Hands for Clinical Education and trainings with Students**



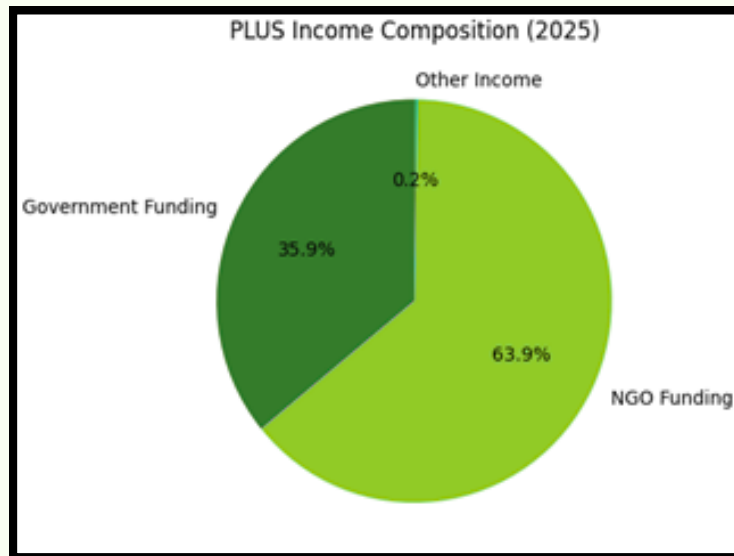
**MoU signing Ceremoney with Secratery Minority Department , Govt of Sindh**



**MoU signing Ceremoney with Representatives of PAD, on Sign Language Initatives for Legal Persepctive**

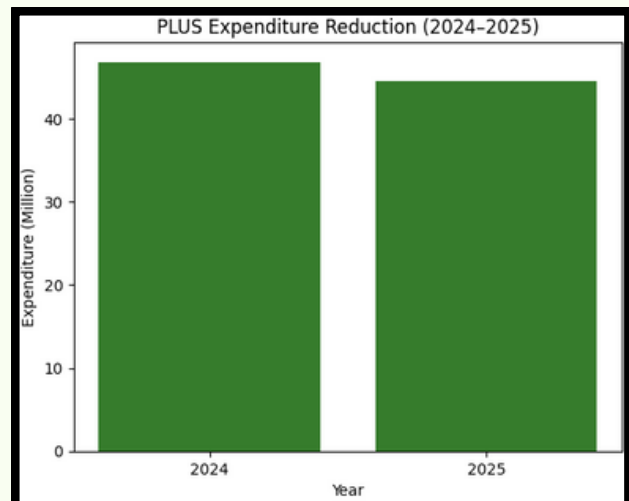
## Accountability & Audit

In 2025, Pakistan Legal United Society (PLUS) achieved substantial growth in income, rising 8.5% from 2024. Government funding was the primary contributor, representing 36% of total Income. While NGO funding also grew to 26.7 million, which representing 64% of total income. Its share slightly increased to 14% as compared to 2024. Other Income slightly increased to 0.21% of total income as compared to 0.05% in 2024



## Expenditures

PLUS significantly reduced its expenditure from 46.8 million in 2024 to 44.5 million in 2025. The expenditure-to-income ratio shifted positively, from 122% in 2024 (where spending exceeded income) to 106% in 2025. This expenditure control reflects better cost management and strategic allocation of resources, transforming a previous deficit into a surplus. This financial improvement allows PLUS to allocate surplus funds towards future programs, strengthening organizational sustainability.



# Our Partners





**P**AKISTAN  
**L**EGAL  
**U**NITED  
**S**OOCIETY

انصاف سب کا حق ہے

**KARACHI HEAD OFFICE**

Plot No: 213, St:4, New Bakhtawar  
Goth, Block-09, Gulistan e Johar,  
Karachi, Pakistan.

☎ 021- 34011698

**HYDERABAD REGIONAL OFFICE**

HouseB/7 GroundFloor  
Streetno 1,Sunny Banglows,  
Qasimabad, Hyderabad

☎ 022 - 6112571

**SUKKUR REGIONAL OFFICE**

Women Development Complex near  
SRSO Complex,Main Shikarpur Road,  
National Highway Sukkur

☎ 071 5824119



[www.pluslegalaid.org.pk](http://www.pluslegalaid.org.pk)



[pkistanlegalunitedsociety@gmail.com](mailto:pkistanlegalunitedsociety@gmail.com)