

1st January 2026

News letter



PAKISTAN
LEGAL
UNITED
SOCIETY

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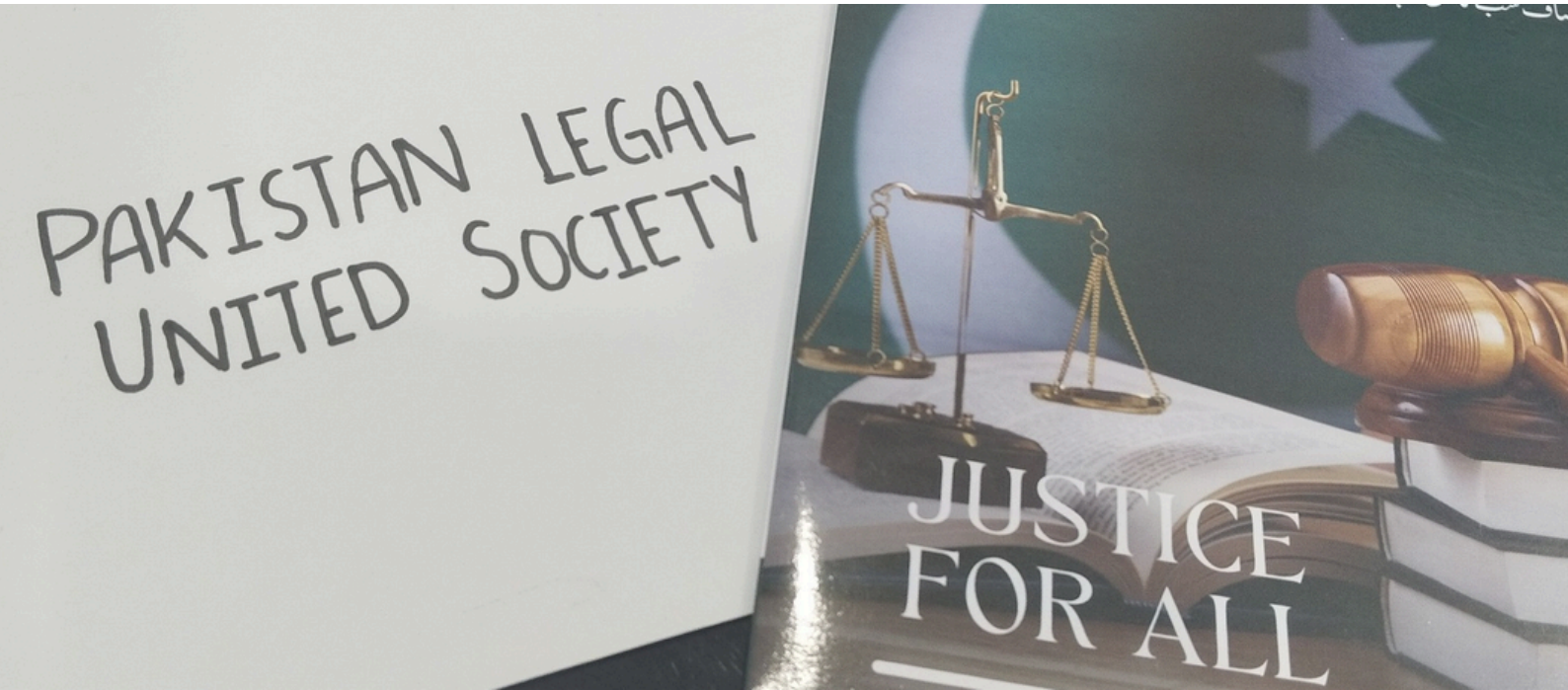
**1ST EDITION OF NEWSLETTER
PAKISTAN LEGAL UNITED SOCIETY-
PLUS**

**WELCOME
PLUS**

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Newsletter - First Edition



CEO-PLUS Message

I am truly delighted to launch the very first newsletter of Pakistan Legal United Society (PLUS). This milestone reflects our collective commitment, passion, and unwavering dedication to serving marginalized and underserved communities across Sindh. Since its inception, PLUS has worked tirelessly to promote access to justice, protection of human rights, and social inclusion, ensuring that no one is left behind. Our work is strengthened through meaningful collaboration with national and international donors, partners, and stakeholders. Together, we strive to create sustainable impact through legal aid, advocacy, rehabilitation, and community-based interventions. This newsletter marks a new chapter in our journey—one of transparency, shared learning, and continued engagement. I extend my sincere gratitude to our team, partners, and supporters whose trust and support make our mission possible.



PAKISTAN LEGAL UNITED SOCIETY (PLUS)

NEWSLETTER-FIRST EDITION OCTOBER - DECEMBER 2025

BRIEF INTRODUCTION ABOUT PLUS

Pakistan Legal United Society (PLUS) works to advance access to justice and protect the rights of marginalized communities across Sindh. Over the past five years, PLUS has provided free and timely legal aid in more than 2,500 cases, and advices to more than 5000 individual addressing issues such as marital and custody disputes, gender-based violence, domestic violence, forced marriages, child abuse, kidnapping, murder, NADRA-related matters, criminal matters, inclusive education, jobs and other issues. Our work is grounded in national policies and international best practices that promote survivor-centered justice, due process, and equality before the law, with a strong focus on protecting survivors of GBV and persons with disabilities in close coordination with government departments. Alongside legal aid, PLUS strengthened institutional responses through capacity-building trainings for police, lawyers, prosecutors, judges, and community stakeholders, while also implementing rehabilitation and reintegration programs in different jails of Sindh, supporting psychosocial well-being, skill development, and dignified reintegration.

NEWSLETTER INSIGHT

- Pro Bono Legal Aid, Assistance, and Representation
- Capacity-Building Trainings on the Rights of Persons with Disabilities for police officials, judges, prosecutors, lawyers, and community leaders
- Empowering Minds, Transforming Lives: Motivational sessions for women and juvenile inmates, as well as students in educational institutions
- Vocational and Skills Development Programs for Inmates
- Counselling and Therapeutic Support for Vulnerable Individuals
- Commemoration of International Days and Awareness Campaigns
- Strengthening Partnerships through the Signing of Memoranda of Understanding (MoUs)
- Digital Outreach and Social Media Engagement

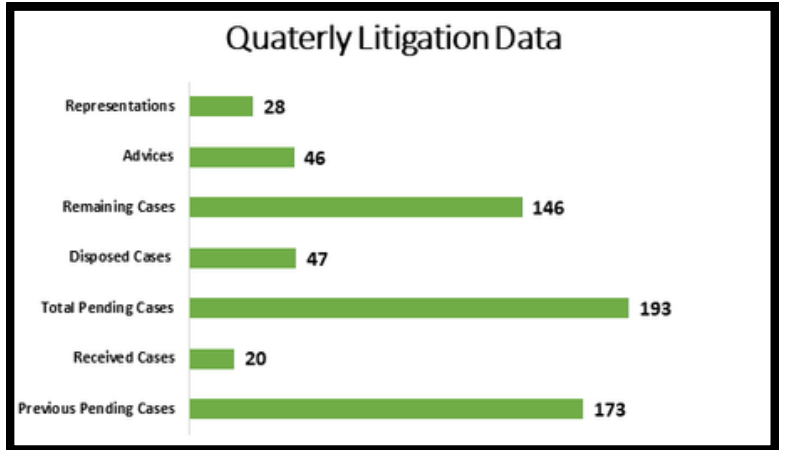


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Pro Bono Legal Aid, Assistance and Representation

PLUS delivers essential pro bono legal aid, assistance, and representation to marginalized and vulnerable communities across Sindh, ensuring access to justice for individuals who would otherwise be unable to afford legal services. Through dedicated legal support and strategic advocacy, PLUS protects fundamental rights and addresses human rights violations, with a particular focus on women, children, and persons with disabilities.

These efforts contribute meaningfully to a fairer and more inclusive justice system. From October to December 2025, PLUS recorded significant progress in the delivery of pro bono legal services and dealt many cases.

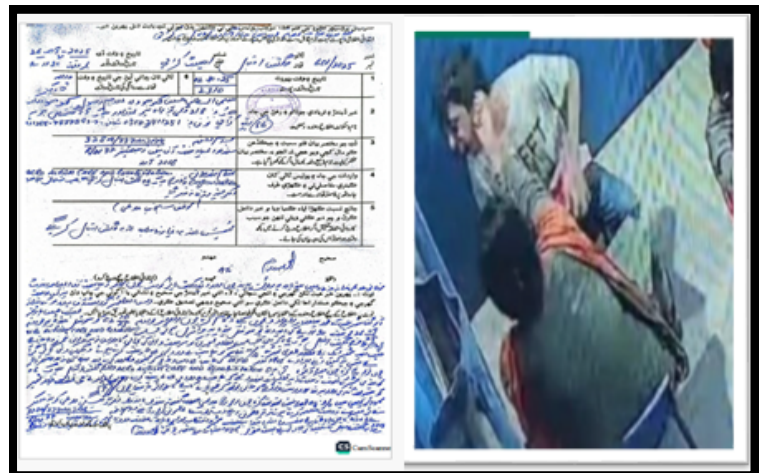


Detail Chart of Litigation from October to December 2025



A Milestone in Disability Rights: 1st FIR Registered Under SEPDA Act, 2018

A viral video showing the mistreatment of a differently-abled child at a local rehabilitation center triggered swift action by DEPD. With legal support from DEPD and PLUS, FIR No. 601/2025, u/s. 328-A, 337 I, PPC, R/w. 37, SEPDA ACT, 2018 P.S. Gulshan-e-Iqbal, was registered. The family gave statements, police confirmed evidence, and the accused secured bail. The case now moves to court, marking a major step for disability rights in Sindh.

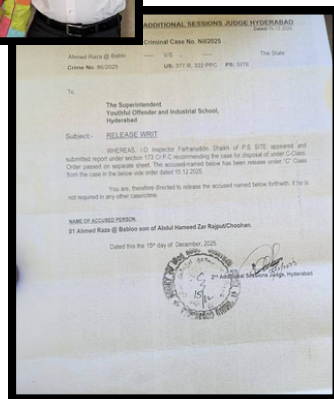


A Legal and Moral Victory for Child Protection in Sindh

The case involved a 12-year-old child who sustained severe injuries to his hands. The accused was the child's teacher at a madrasa where the victim was a student. The matter was referred to Pakistan Legal United Society (PLUS) by the Child Protection Authority, Sindh Social Welfare Department, which worked jointly to ensure the child's protection. On 08 November 2025, the learned Additional Sessions Judge-III, District Malir, Karachi, dismissed the bail application of the accused in FIR No. 1787/2025, registered under Sections 337-A(i) and 337-F(iii) PPC at Police Station Sachal.



🌟 Success Story: Justice for a Juvenile



A significant milestone as a 12-year-old juvenile, Ahmed Raza @ Bablo, was granted justice after spending nearly seven months in detention on false charges under FIR No. 65 at Police Station Site. Owing to financial hardship, his family was unable to seek private legal counsel; however, Advocate Aakash Ali Bhurgri of Pakistan Legal United Society, Hyderabad, provided free legal assistance and represented the minor before the Honorable Court. Upon review of the investigation and hearing the defence, the Honorable 2nd Additional District & Sessions Judge, Hyderabad, declared the allegations baseless, approved the Cancellation Class Report, and ordered Ahmed Raza's release.

Succes Story of Maqsooda

A lady Maqsooda Begum , who had issue regarding her CNIC , She faced prolonged difficulties in obtaining her Computerized National Identity Card (CNIC), despite repeated attempts through the usual administrative channels. Upon the intervention of PLUS, expert legal efforts and proactive follow-up before the court and concerned authorities, the matter was resolved efficiently. As a result, Maqsooda Begum successfully received her CNIC within a short time, restoring her access to essential services and legal identity. This case stands as a testament to the effective legal support and prompt action provided under the PLUS initiative, ensuring that justice and administrative relief are delivered to deserving individuals without unnecessary delay.



**CAPACITY BUILDING TRAININGS ON
THE RIGHTS OF PERSONS WITH
DISABILITIES WITH DIFFERENT STAKE
HOLDERS IN SINDH**



***GROUP PHOTO OF POLICE OFFICIALS TRAINING
AT SHAHDADPUR POLICE TRAINING CENTER***

WITH POLICE OFFICIALS

PLUS conducted capacity building training with police officers, across Sindh from October to November 2025, at Shahdampur, Karachi, and Larkana. 600 participants participated in these trainings including male and female. These sessions enhanced participants' awareness and understanding of the rights of persons with disabilities, Gender Based Violence, Domestic Violence, workplace harassment, Criminal Laws, Qanoon-e-Shahadat, etc.



***Group Photo at Larkana Police
Training School***



***Group photo of police officials
training session at Saeedabad Police
Training Center.***

Capacity Building Training with Prosecutors

PLUS organized sensitization trainings for 100 prosecutors at the Honorable High Court of Sindh, Karachi, in collaboration and support of CPDI and the Prosecutor General Sindh. The objective of the training was to strengthen prosecutors' understanding of gender-based violence and available redress mechanisms. Additionally, the sessions covered disability rights laws, basic sign language, inclusion of persons with disabilities (PWDs), and the promotion of equitable access to justice for all.



Capacity Building Training of Community /Jirga Members



PLUS organized a series of sensitization trainings for 100 community and Jirga members from different districts of Karachi, in collaboration with and with the support of CPDI. The objective of the trainings was to raise awareness about gender-based violence and available redress mechanisms. In addition, the sessions covered family laws, fundamental rights, disability rights laws, basic sign language, the inclusion of persons with disabilities (PWDs), and the promotion of equitable access to justice for all.

Capacity Building Training of Lawyers

PLUS organized sensitization trainings for 300 lawyers at the Karachi Bar Association, in collaboration with and with the support of CPDI and the Department of Empowerment of Persons with Disabilities (DEPD), Government of Sindh. The objective of the trainings was to enhance lawyers' understanding of gender-based violence and available redress mechanisms. In addition, the sessions covered disability rights laws, basic sign language, the inclusion of persons with disabilities (PWDs), and the promotion of equitable access to justice for all. President & Genral Sectartery of Karachi Bar Association, Members from Sindh Bar Council and Representatives from DEPД also participated



Legal Awareness Sessions and Camps



Awareness session on Gender Based Violence with Students of School at District South



Awareness session on Gender Based Violence with Students of Karachi University

PLUS organized 18 legal awareness sessions and camps at Karachi, Hyderabad and Sukkur with 540 participants including male and female focused on Gender-Based Violence and Disability Rights, aimed at enhancing understanding, promoting rights-based approaches, and strengthening institutional and community responses. These sessions raised awareness among stakeholders about the unique challenges faced by survivors, particularly persons with disabilities, emphasized legal protections and reporting mechanisms, and encouraged inclusive, sensitive, and timely access to justice.

Empowering Minds: Motivational Sessions for Women & Juvenile Inmates at Karachi

PLUS organized motivational and awareness sessions for women and juvenile inmates, at Karachi as well as for students in educational institutions. These sessions aimed to inspire positive change, build self-confidence, and promote the value of education, personal growth, and lawful living. Through engaging discussions and real-life examples, PLUS encouraged participants to recognize their potential and work towards a hopeful and productive future.



Vocational & Skill Development of Inmates

In continuation of Vocational Training and Rehabilitation Program PLUS Team organized an impactful activity “A painting competition” held where the students creatively expressed ways to stay safe from digital harassment and promote responsible online behavior under supervision of Mr Safer, Fine Arts Teacher and distributed certificates. During event, jail Management joined PLUS team and encourage students, inspiring them to participate with confidence.



Music is Language of Soul, and through this language our teacher try to Rehabilitate inmates towards positivity, in our Music Class we have 20 juvenile inmates are enrolled , and learning Music, Cultrual and Folk etc



During this Quarter 84 inmates from juvenile and women jail Karachi appeared in the examination conducted by NAVTTC in skill development courses, Fine Arts, Calligraphy, Graphic Designing and CIT. These exams are the initiative of PLUS, 1st time in prison .



Mental Health , Counselling & Therapy for Vulnerable People

Mental health is a crucial component of inmate rehabilitation, as many individuals enter prison with deep emotional trauma, anxiety, depression, or other psychological challenges that can intensify in confinement. To address this, PLUS plays a vital role by providing consistent and regular psychotherapy, counselling sessions, in women and juvenile prison Karachi also conduct counselling sessions of individuals facing trauma , and depression outside prison.



National and International Day Celebrations

International Disability Day 2025

Pakistan Legal United Society (PLUS), as an active implementing partner of the Department of Empowerment of Persons with Disabilities (DEPD), commemorated the International Day of Persons with Disabilities on 3rd December 2025 with full spirit and commitment. Through its dedicated stall at the event held at Noor Ali Trust Park, PLUS provided essential legal guidance, information, and support to persons with disabilities (PWDs), civil society members, and government officials. More than 80-100 visitors engaged with the PLUS team, and 35 individuals received free legal advice related to their rights, documentation, and access to services.



PLUS as an active implementing partner of the Department of Empowerment of Persons with Disabilities (DEPD), commemorated Culture Day and the International Day of Persons with Disabilities on 12th December 2025 with strong commitment to inclusion and rights-based advocacy. The event was jointly hosted at Government Boys Secondary School Senior Model No. 1 and Government Girls Secondary School Junior Model No. 1, bringing together students, educators, government representatives, and civil society members.

On International Day for Persons with Disabilities Organized by Nusrat Welfare Trust, at event PLUS team provided free legal advice to more than 1000 persons with disabilities, officials, representatives of numerous organization and to many individuals, ensuring they received immediate guidance on legal advice on the rights of Persons with Disabilities, documentation, and access to essential services.





PLUS proudly celebrated Sindhi Culture Day with juvenile students, where children confidently showcased their talents and cultural pride. The event was graced by the esteemed presence of DIG Madam Sheeba, SP Rabeel, and SP Humaira, who applauded the children's performances and appreciated their efforts in celebrating Sindhi heritage with enthusiasm and joy.

PRESS CONFERENCE ON INCLUSIVE EDUCATION



The PLUS team conducted a press conference on Inclusive Education at the Karachi Press Club to highlight and advocate for the educational rights of Persons With Disabilities (PWDs). The conference focused on the importance of equal access to quality education, the need for inclusive policies, and the removal of physical, social, and institutional barriers faced by PWDs in educational institutions. PLUS emphasized the government's responsibility to ensure accessible infrastructure, trained teachers, assistive learning tools, and non-discriminatory admission policies. The event also called upon policymakers, educational authorities, and civil society to work collectively to create an inclusive education system that guarantees dignity, participation, and equal opportunities for PWDs across all levels of education.

Networking & Coordination Meetings

“PLUS conducted regular visibility and networking meetings with diverse stakeholders to strengthen collaboration, enhance partnerships, and promote coordinated efforts toward inclusive access to justice and community development. In this quarter we have conducted more than 10 meetings with different stakeholders, Ms Umme Laila, Chairperson of National Commission of Status of Women, Islamabad, Mr Fida Hussain Mastoi, IG Prison Sindh, Mr. Mirza Sarfaraz advocate Supreme Court and General Secretary of High Court Bar Association, Ms Saima, Representative of Disabled Welfare Association, Mr Qudoos Memon, Regional Director DEPD, and others



Ms. Umme Laila Chairperson of NCSW visited PLUS head Office Karachi



PLUS Team visited IG office and met with Mr. Fida Hussain Mastoi, IG Prison Sindh at Karachi



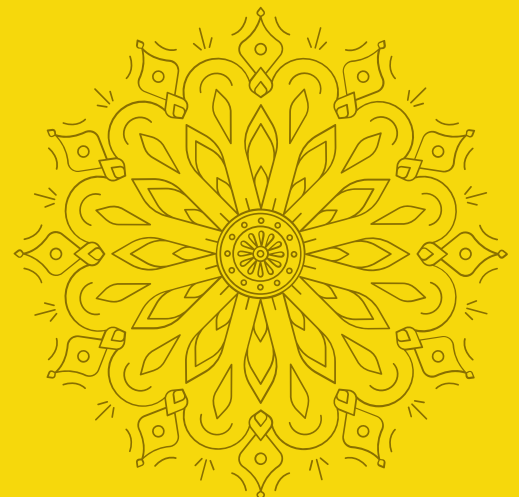
Ms. Saima from DWA, visited at PLUS head office Karachi met with CEO-PLUS

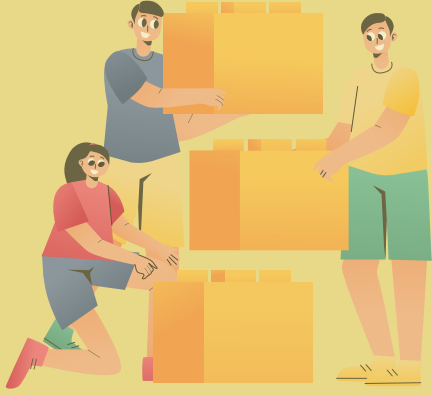


Mr. Mirza Sarfaraz Advocate Supreme Court & General Secretary Sindh High Court Bar Association visited at PLUS Head Office Karachi



PLUS Team visited and met with Mr Qudoos Memon, Regional Director at DEPD Sukkur





Income Generation Support Program

PLUS supported 13 individuals, including released prisoners, poor and needy persons with disabilities, and other vulnerable community members, through a sustainable income-generation support program with the support of Muslim Charity. Under this initiative, beneficiaries were provided with small livelihood assets such as burger carts, confectionery carts, fries carts, and popcorn carts, enabling them to earn a dignified income, achieve financial self-reliance, and reintegrate into society with confidence.



Strengthening Collaboration: Signing of Memorandum of Understanding (MoU)

PLUS Signed MoU with SAHIL to Jointly Work With Legal Aid, Specialized Trainings & Research Based Advocacy



PLUS Signed MoU with LCF to Promote Empowerment, Inclusion, and Access to Justice

Call for Support and Donations

Your support enables PLUS to continue providing free legal aid, protection, and rehabilitation services to marginalized and vulnerable communities. Together, we can strengthen access to justice, uphold human dignity, and create lasting social impact.

Faysal Bank

Account Number: 0110007000036396
IBAN Number: PK94FAYS0110007000036396
Bank Name: Faysal Bank Limited
Bank Swift Code: FAYSPKKA



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